# South Bay Plastic Surgeons

# DRAIN CARE

## GENERAL INSTRUCTIONS

- Always wash your hands before handling your drain or supplies.
- Empty drain and record output twice daily and/or if drain is full.
- The drain should always be compressed. If it will not stay compressed call your doctor during office hours.
- If the drain is rapidly filling with blood, call your doctor immediately.
- If the drain falls out, put a dressing on the drain site and call your doctor during office hours.
- Never remove the tubing from the drain.
- Never rinse the drain bulb with water or any other fluid.
- Never submerge the drain or drain exit site under water or let shower water run directly onto it.
- When drain output is less than 30cc/24h call the office to make an appointment for drain removal.

## HOW TO APPLY YOUR GAUZE DRAIN DRESSING
- GENTLY REMOVE OLD DRESSING
- SPRAY DRAIN SITE WITH PHASE ONE SPRAY AND PAT DRY WITH CLEAN CLOTH OR PAPER TOWEL
- PUT ANTIBIOTIC OINTMENT ON YOUR SKIN WHERE THE DRAIN ENTERS
- PLACE SLIT GAUZE UNDER DRAIN AND WHOLE GAUZE OVER THE DRAIN
- SECURE WITH PAPER TAPE OR TEGADERM

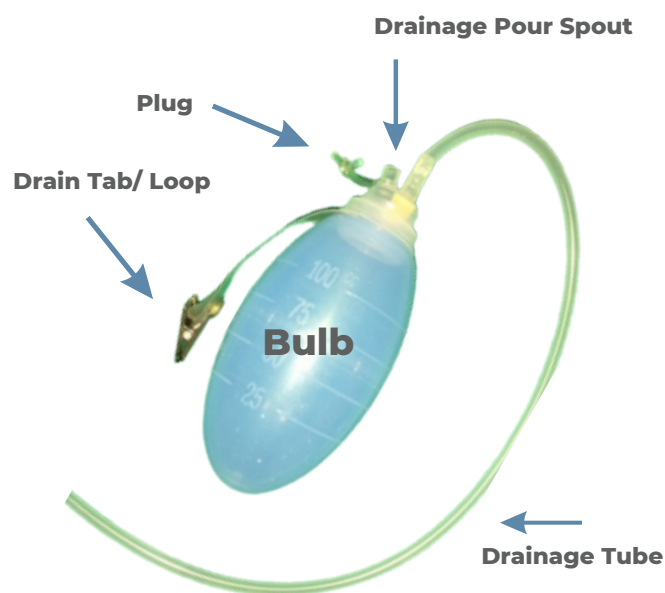## HOW TO APPLY YOUR MEPILEX DRAIN DRESSING
- GENTLY REMOVE OLD DRESSING
- SPRAY DRAIN SITE WITH PHASE ONE SPRAY AND PAT DRY WITH CLEAN GAUZE
- PLACE SLIT MEPILEX UNDER DRAIN AND WHOLE MEPILEX OVER THE DRAIN
- SECURE WITH TEGADERM

## HOW TO EMPTY THE DRAIN
- REMOVE PLUG FROM DRAINAGE POUR SPOUT
- TURN BULB UPSIDE DOWN
- SQUEEZE FLUID INTO MEASURING CUP
- COMPRESS BULB (SQUEEZE IT FLAT)
- REPLACE PLUG INTO DRAINAGE POUR SPOUT
- RECORD OUTPUT IN ML ON YOUR DRAIN LOG
- FLUSH FLUID DOWN SINK OR TOILET

## SUPPLIES
[ ] 2X2 GAUZE (1)  
[ ] ANTIBIOTIC OINTMENT (3)  
[ ] TEGADERM (5)  
[ ] ALCOHOL SWABS (7)  
[ ] PHASE ONE SPRAY (9)  
[ ] MEPILEX AG (2)  
[ ] PAPER TAPE (4)  
[ ] SCISSORS (6)  
[ ] MEASURING CUP (8)

Drainage Pour Spout

Plug

Drain Tab/ Loop

Bulb

Drainage Tube

Call us at 310-784-0644     Text us 888-885-2127

# DRAIN LOG

## RECORD OUTPUT IN ML OR CC

| DATE | TIME | DRAIN 1 | DRAIN 2 | DRAIN 3 | DRAIN 4 |
|------|------|---------|---------|---------|---------|
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| OUTPUT TOTAL FOR 24 HOURS |  |  |  |  |  |
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| OUTPUT TOTAL FOR 24 HOURS |  |  |  |  |  |
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| OUTPUT TOTAL FOR 24 HOURS |  |  |  |  |  |